

Spas Retreats Lifestyle Home Sanctuary Well-being Yoga

Healing Retreats *and Spas*

Nurturing & Healing Alternatives for the Global Community

**Executive
Tipi**

*balance in the
corporate world*

Green Gifts

Fasting

the gateway to optimum health?

**Health, Love
& Ayurveda**

Multiple Orgasms for Men

Tara Guber

brings meditation
and yoga to an
L.A. school

**Spa on Ice
Banff Springs**

December 2000

www.healingretreats.com